

BREAKFAST-ALL-DAY

Toast and Jam (v)	334 cal	£1.10
Toasted Teacake (v)	387 cal	£1.50
Quaker Oat So Simple (v)	215 cal	£2.10
Scrambled Egg on Toast (v)	519 cal	£2.40
Poached Eggs on Toast (v)	396 cal	£3.40
Eggs Benedict with Ham	387 (muffin) cal	£4.50
Smashed Avocado and Poached Eggs *add Toast (v) for only 60p	196 cal	£3.80
Sausages served in a Bun or Flatbread	617 (bun) cal	£3.20
Bacon served in a Bun or Flatbread	467 (bun) cal	£3.60
Bannatyne Breakfast - Scrambled Egg, Bacon, Sausage, Baked Beans and Toast	843 cal	£4.90

Breakfast Muffins with a choice of 3 fillings:

Sausage, Egg and Cheese	464 cal	£2.70
Bacon, Egg and Cheese	363 cal	£2.70
Egg and Cheese (v)	311 cal	£2.10

Build Your Own Breakfast

Scrambled Egg (v)	235 cal	£1.20
Poached Egg (v)	56 cal	£1.10
Sausage	152 cal	£1.10
Bacon	52 cal	£0.80
Baked Beans (v)	68 cal	£0.50
Smashed Avocado (v)	84 cal	£1.10
Buttered Toast (v)	142 cal	£0.60

SOUP OF THE DAY

Selection of soup choices available,
all served with a half baguette.

average 292 cal **£3.00**

SALADS

Smashed Avocado (v)	383 cal	£6.10
Chicken and Bacon	384 cal	£6.10

JACKET POTATOES freshly baked on site

All served with a side salad and kaleslaw

With Butter (v)	345 cal	£2.50
Beans (v)	413 cal	£3.50
Cheese (v)	543 cal	£3.50
Tuna Mayonnaise	419 cal	£4.00
Chilli Con Carne	709 cal	£5.90

SANDWICHES & LITE BITES

Please see specials board for other fillings

All of the fillings on our menu can be served on your choice of baguette, bun, sliced bread, flatbread or gluten free bread, which can be toasted upon request.

Posh Cheese on Toast (v)	484 cal	£4.40
Tuna Mayonnaise	455 (bread) cal	£4.40
Wiltshire Ham and Rarebit Cheese	519 (bread) cal	£4.90
BLT Bacon, Lettuce and Tomato	516 (bread) cal	£4.90
Smashed Avocado (v)	408 (bread) cal	£4.90
Buttermilk Chicken	501 (bread) cal	£4.90

FAVOURITES

Please see specials board for additional options

Pasta Arrabiata

No additional topping (v)	455 cal	£4.10
Sausage	759 cal	£5.10
Buttermilk Chicken	692 cal	£5.50

**Chicken Skewer with a half Baguette or Flatbread,
Side Salad and Sweet Chilli Sauce** 382 cal **£4.50**

Sausage and Mash served with Peas and Gravy 570 cal **£4.50**

Chilli Con Carne served with Pilau Rice 673 cal **£6.60**

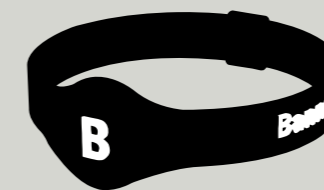
**Chicken Tikka Masala served
with Pilau Rice and Flatbread** 980 cal **£6.60**

SWEET TREATS

Cake of the Day	£3.00
Freshly made Scone served with Butter and Jam	£1.50
Freshly made Scone served with Clotted Cream and Jam	£2.50

10%

member saving when paying
with the 360 wristband!



Bannatyne
Health Club & Spa